





by MELISSA FROHLOFF

Smoky hot dogs

- 1-1/2 cups self-raising flour
- 1/2 tsp ground sea salt
- 250g natural yoghurt
- 12 paddle pop sticks
- 12 frankfurts
- Tomato sauce, to serve
- 1 egg, lightly beaten

Method

- 1. Soak paddle pop sticks in a bowl of water for an hour before use. This will prevent the sticks from catching alight on the campfire.
- 2. Place flour and sea salt in a large mixing bowl and combine. Add yoghurt and combine ingredients to make dough. Knead until dough is smooth.

- 3. Select a firm surface to roll out base and dust with flour. Apply flour to the surface of rolling pin to stop dough from sticking. If dough is too wet, add a sprinkle of flour to adjust the mixture.
- 4. Cut the dough in six equal portions and roll out in a long rectangular shape. Each portion will make enough for two hot dogs.
- 5. Push one paddle pop stick into the end of each frankfurt.
- 6. Roll the frankfurt in dough to enclose. Dab egg on outer edge to make the dough stick and then baste dough with egg.
- 7. Cook hot dogs over a grill on a slowburning fire and rotate until golden brown.

Tips

This is a great way to entertain the kids. They will have lots of fun helping make the hot dogs as well as eating them. Cooking hot dogs over a campfire infuses them with a smoky flavour; otherwise they can be grilled on low heat in a pan on the stove top.